

Learning Unit 1

Lesson One Reading

Expository

Before You Read

1  Discuss the following questions.

- Have you visited any of these places?
yes, I have
- Do you know the names of these places?
people can visit, learn, and enjoy
- What do you think people can do there?

2  Read the following passage and do the tasks that follow.

- I can analyse both explicit and implicit details to extract the main idea and information from a written text about discovering the new Kuwait.

Vocabulary: rich, wonderful, landmark, recently, digital, become, museum, locate, provide

- 1- Al Shaheed Park
- 2- Sheikh Abdullah Al Salem Cultural Centre
- 3- The Scientific Centre
- 4- Sheikh Jaber Al-Ahmed Cultural Centre

Discover the New Kuwait!



Kuwait is a country with a **rich** history and exciting modern developments. It offers many **wonderful** places for people to visit, learn, and enjoy. Three of the most popular attractions in Kuwait are the Scientific Centre, Sheikh Abdullah Al Salem Cultural Centre, and Al Shaheed Park.

The Scientific Centre in Salmiya is one of Kuwait's most famous **landmarks**. It educates visitors about the environment, marine life, and science. It **recently** opened a new area with **digital** exhibits, hands-on experiments, and modern displays. Children enjoy the Discovery Place, while adults relax at the seaside café or watch documentaries at the IMAX theatre. The Scientific Centre has **become** one of the most favourite weekend destinations for families.

Another popular attraction in Kuwait is the Sheikh Abdullah Al Salem Cultural Centre. It is one of the largest **museums** in the country. It is **located** in Salmiya and has many exciting galleries. Students and families can learn about science, space, history, and the natural world. An outstanding feature is that the centre uses modern technology. Many visitors enjoy spending the day there to explore and discover new things. They can also enjoy a cup of coffee at the cafés inside the centre.

The third attraction is Al Shaheed Park, which is located in the heart of Kuwait City. It is the largest park in Kuwait and has beautiful gardens, museums, and walking paths. Despite being in a busy city, it **provides** a peaceful escape where people can exercise, enjoy nature, and visit cultural exhibitions. The park is not only a place for relaxation, but it also hosts shows and public events throughout the year.

3  Choose another title for the passage:

- Kuwait's Best Parks
- Popular Museums in Kuwait
- Exploring Top Places in Kuwait
- A Look at Kuwait's History and Culture



We use the **present simple** tense to write about facts.

4  a. Read the passage again and complete the table.


P	Place Name	Things to Do
1	The Scientific Centre	enjoy the Discovery Place / relax at the seaside café
2	Sheikh Abdullah Al Salem Cultural Centre	learn about science, space, history, and the natural world
3	Al Shaheed Park	exercise, enjoy nature, and visit cultural exhibitions

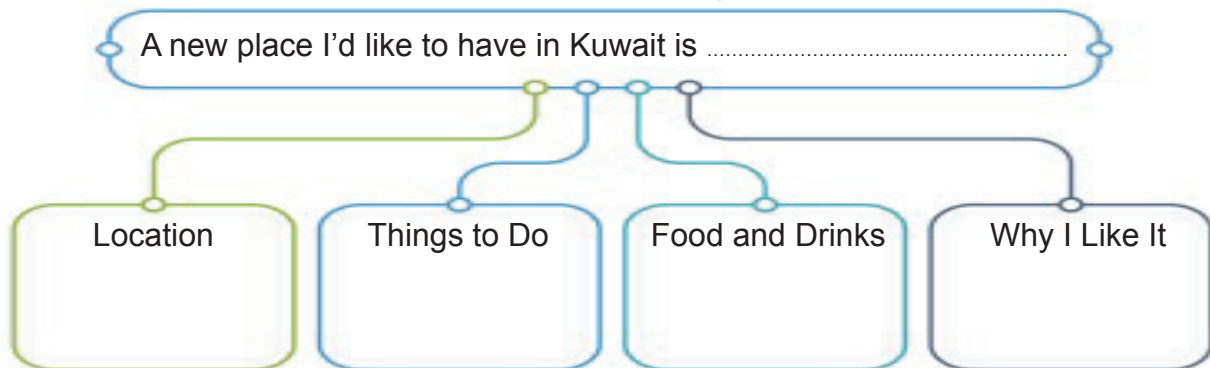
b.  Decide which attraction helps you learn and which one is mostly for fun and relaxation?

The Scientific Centre helps me learn while Al Shaheed Park is for fun and relaxation.

5  Find words in the passage that mean:

2 nd paragraph	a building or place that is easily recognised	landmark
3 rd paragraph	to be in a particular place	locate
4 th paragraph	to give someone something that they need	provide

6  a. Think of a new place you would love to have in Kuwait. Fill in each part of the map with your creative ideas.



7  **Role-play**

- c. Work in pairs and talk about your new place.
d. Take turns being the speaker and the listener.

- What's your new place?
- Why do you think it would be a good idea for Kuwait?
- Where is it located, and what can people do there?
- What makes it fun or useful?

- My idea is...
- I think it's great because...
- It's located in...
- People can...



Learning Unit 1

- I can apply the present simple tense accurately in spoken and written communication to form affirmative, negative, and question sentences related to daily routines and activities.

Lesson Two Grammar

Grammar: Present Simple

1 a. Read the passage and underline all the verbs.

My name is Sara. I live in Kuwait City. Every morning, I wake up at 6:00 a.m. My mother makes my breakfast, and my father drives me to school. My school starts at 7:30 a.m., and my favourite school subject is English because we play games and learn new words. After school, I go back home at 2:00 p.m.



b. Talk about Sara's habits. What does she do every day?



Present Simple

- We use the present simple to talk about habits, permanent situations, states, and general truths.
- Adverbs of Frequency**
always, usually, often, sometimes, never.. etc

✓ Affirmative

I/we/you/they
he/she/it

bare infinitive
bare infinitive +s/es

- a. She plays tennis every weekend.
b. I usually eat fruit every day.

✗ Negative

I/we/you/they
he/she/it

don't | verb
doesn't

- c. Teachers work hard to educate us.
d. The café opens at 9:00 in the morning.

Do/Does Questions

Do | I/we/you/they | verb ?
Does | he/she/it

- e. Do you drink water every day?
f. Does Nora exercise every week?

Wh Questions

What | do + subject | verb ?
Where | does

- g. What do you eat for breakfast?
h. Where does your father work?

2 Work in pairs and fill in the spaces with the correct forms of verbs.

1. Where do (go) after school?
2. I like (like) pizza, and my mother makes (make) the best pizza ever.
3. Amal doesn't drink (not / drink) coffee a lot, but she always drinks (drink) fresh juice.

3 a. Interview your partner. Take turns to ask the following questions:



- What time do you usually wake up? At 5 o'clock
- Do you eat breakfast every morning? Yes, I do.
- What subjects do you like at school? Maths
- What does your father do? He is a teacher.

Always

Usually

Often

Sometimes

Never

b. Write three sentences in your notebook about your partner's daily routine.

- She wakes up at 6 o'clock every morning.
She always brushes her teeth.
She usually studies her lessons after school.

- I can determine the main idea and both explicit and implicit details from a spoken text about life in Kuwait, then and now.

Learning Unit 1

Lesson Three Listening

Life in Old Kuwait and Today

1 Think, Pair, Share

- How do you spend your free time with your family? *We usually go shopping together.*
- What do you think life was like for children in old Kuwait?
Children in old Kuwait were taught to respect elders and share responsibilities.

2 Listen to the text, then complete the task that follows.

a. The text was mainly about:

- popular video games
- traditional Kuwaiti food and clothing
- the weather in Kuwait during summer and winter
- how life in Kuwait has changed from the past to today

QR
??

b. Complete the table to compare life in the past with life nowadays.

Item	In the Past	Nowadays
Houses	small houses made of mud or stone	modern houses or apartments with electricity and air conditioning
Family Gatherings	At weekends family visited each others share food and told stories	spend times in malls, restaurants and cinemas
Children's Games	Tag, Marbles and Skipping Rope	

c. Listen to the text again and answer the following questions.

- How is life now different from life in the old days? *In the past, life in Kuwait was simple and peaceful. life is more comfortable nowadays*
- Why did people sit outside in the evenings in the past? *to enjoy the cool air.*
- Do you think children in the past had more fun than today? Why?

3 A Day in My Life

Yes, They were more active than today

Write three sentences about your daily life in Kuwait today. Talk about your routine, how your family spends time together and what you usually do for fun.

- I always use my smart phone.*
- I usually go shopping at weekends.*
- I often go to cinema.*



Writing Tips

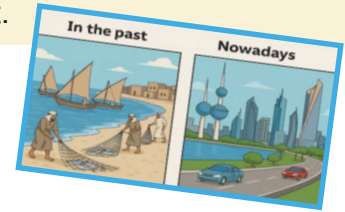
- ✓ Use present simple tense.
- ✓ Mention a place you often go to or one thing you enjoy doing.
- ✓ Use adverbs of frequency: *always, usually, sometimes...*
- ✓ Use time expressions: *every day, on weekends...*

Learning Unit 1

Lesson Four Speaking

I can:

- participate actively in spoken communication by presenting and responding to ideas in a debate about life in the past and nowadays.
- present claims clearly and support them with relevant evidence in spoken communication about life in Kuwait.



A Journey Through Time in Kuwait

1 Discuss the following questions.

- What do you know about life in old Kuwait?
- What do you enjoy about life in Kuwait today?

In the past, life in Kuwait was simple.
I enjoy shopping and going to cinema.

2 Think about how life has changed. Then, complete the table.

Item	In the Past	Nowadays
Entertainment	storytelling, poetry, sailing	shopping malls, restaurants, cinemas TV, video games
Education	Al-Katatib	modern schools
Transportation	camels, donkeys, dhows	cars, buses

3 Class Debate

a. Choose your side.

- Group A:** I'd rather live in old Kuwait.
- Group B:** I'd rather live in modern Kuwait.

Each group will:

- discuss and write three main reasons to support their side.
- choose two speakers to represent the group.
- choose one note-taker to write key points.

b. Use the following language expressions to support your discussion.

Language to Use (Expressions)	
To support your opinion	Give your opinion politely using phrases like: <ul style="list-style-type: none"> • In my opinion, • I believe that... • From my point of view... • Personally, I think...
To disagree respectfully	Disagree politely using phrases like: <ul style="list-style-type: none"> • I respect your opinion, but... • I see your point, however... • That may be true, but let me explain... • Can you explain more about...?

Tip:

- Listen carefully to your classmates.
- Respond politely.
- Use appropriate expressions.
- When presenting, look at your classmates and smile.

c. What did you learn from the other group's points?

I can:

- interpret the main idea and both explicit and implicit details in a written text about social media and online communication.
- infer the meaning of new vocabulary from a written text about social media and online communication to use them in meaningful sentences.

Vocabulary: receive, nowadays, social, almost, fond of, communicate, deliver, convenient, previously, instant, tutorial

Expository

Smart Apps for Smart Living

Before You Read


1 Think about the following questions.

- How did people communicate in Kuwait 70 years ago? What about now?
- What are the most popular social media apps in Kuwait today? *b) WhatsApp, Instagram, Snapchat, TikTok*

a) people used face-to-face communication. They also wrote letters to communicate. Nowadays people use smartphones, social media and the internet.

2 Read the blog and do the tasks that follow.

“Smart Apps for Smart Living”




Ali Ahmad, Kuwait

1 In the past, life in Kuwait was quite different. People spent time with friends and family at home, in parks, or at the mall. Teenagers often played outside or read books. To contact someone, they would use a landline phone or write a letter. They **received** news from the radio, TV, or newspapers.

2 **Nowadays**, people in Kuwait are using **social** media apps **almost** all the time. They are particularly **fond of** some apps, such as Instagram and Snapchat. They are using these apps to send messages, record voice notes, and share photos of special memories. In fact, some people, especially teenagers, **communicate** more online than they do face-to-face.

3 In Addition, shopping habits have also changed with the use of social media. In the past, families would visit the market or a shopping mall. Nowadays, many people use online apps to order food, clothes, and other items. These products are often **delivered** to their houses within a few hours. This method is both **convenient** and helpful.

4 Students also use social media to learn in different ways. **Previously**, they relied on textbooks and wrote everything by hand. Today, social media gives us **instant** access to search for educational videos, articles, and tips. Platforms like YouTube and Instagram often share **tutorials**, language lessons, and science lessons. Students find learning with technology more enjoyable and effective.



3 Write the paragraph number (1–4) next to each heading.

- 2 Popular Apps in Kuwait
- 1 Kuwait in the Past
- 4 Learning Online
- 3 Shopping Online



"previously" is a linking word that shows time and helps connect ideas.

Example:
Previously, they relied on textbooks...etc.

Learning Unit 1



insta: @hhelping643

Lesson Five Reading

- 4 How have the following aspects of life changed over time? Complete the table and record your preference along with a reason.

Life Aspects	In the Past	Nowadays	My Preference / Why?
Communication	Landline phone.	Social media apps	Social media / fast & easy
Shopping	visit market	use online shopping apps	online apps/ save time
Learning	relied on textbooks	Platforms like YouTube and Instagram	platforms/ instant access to resources

- 5 Answer the following questions.

- What are the possible advantages and disadvantages of using social media for learning?
- How does social media affect your social life?

- 6 Look at the dictionary entry and do the following tasks:

a. The word “search’ in the 4th paragraph is used as:

- an adverb
- a noun
- a verb

search /s3:tʃ/
Noun
 • an attempt to find someone or something by looking carefully
Verb
 • to look carefully for someone or something

b. Use the word “search” in a sentence of your own.

ChatGPT helps me to search for answers.

- 7 For each word in the table, choose one synonym and one antonym from the box below. Then write a sentence with the word.

Synonyms		Antonyms	
<i>comfortable, enjoyed, earlier</i>		<i>disliked, now, hard</i>	
Word	Synonym	Antonym	Sentence
convenient	comfortable	hard	online shopping is convenient.
previously	earlier	now	This building was previously a school.
fond of	enjoyed	dislike	We're fond of camping.

- 8 **Staying Safe on Social Media**

Write 3 sentences to give warnings and advice about the use of social media. You can use the hint and sentence starters.

Hint: Think of a problem: (less family time, cyberbullying, fake news...etc

1- Be careful not to share your personal information online.

2- You should never talk to stranger on social media.

3- Be careful about spending too much time on social media.

Sentence Starters:

- ✓ Be careful...
- ✓ Watch out for...
- ✓ Don't forget to...
- ✓ You should never...
- ✓ Avoid...



- I can apply the present continuous tense accurately in spoken and written communication to form affirmative, negative, and question sentences about current actions and ongoing activities.

Learning Unit 1

Lesson Six Grammar

Grammar: Present Continuous

1 Look at the pictures and answer the questions.

- What is the boy doing? **He is using Laptop.**
 - What are the girls doing right now? **They are using Smart devices.**
1. She is **chatting at the moment.**
 2. He is **studying now.**
 3. They are **using smart devices now.**



Present Continuous

- We use it to talk about actions that are happening now.
- **Time Expressions:**
today, now, at the moment, this week/month ...etc.

✓ Affirmative Sentences:

- I **am doing** my homework.
- He **is eating** now.
- They **are playing** at the moment.

X Negative Sentences:

- The girl **isn't reading** a story.
- They **aren't studying** at school now.

? Questions:

Yes/No Questions:

Am/Is/Are + subject + verb-ing?

Are you **using** your laptop?

? Questions:

Wh- Questions

WH-Q + am/is/are + subject + verb-ing?

What are you **doing** right now?

2 Correct the verbs between brackets.

1. What **are you doing** (do) now?
2. We **are watching** (watch) a documentary at the moment.
3. I **am writing** (write) an email to my teacher right now.
4. My sister **is not reading** (not /read) now; instead, she is doing her science project.

3 Imagine you are a reporter giving a live update from Al-Shaheed Park.



- Use the present continuous to describe what people are doing right now.
- Talk about what families and children are doing, eating, playing, ...etc.



- ✓ Start with who you see: "I can see a boy..."
- ✓ Add where and what to make it interesting: "A girl is taking photos near the fountain."
- ✓ Speak clearly and use full sentences.

"Good afternoon, this is a live report from Al-Shaheed Park. Families are enjoying their time in the park. Some children are playing football while others are riding their bikes. I can see a group of friends who are sitting on the grass and eating snacks. A man is taking photos near the fountain, and many people are walking happily around the park."

Learning Unit 1

Lesson Seven Writing

I can:

- apply the writing stages clearly to write a two-paragraph expository report about life in Kuwait in the past and nowadays, using topic sentences, supporting details, and a conclusion.
- use appropriate linking words accurately to connect ideas, maintaining coherence in an expository report about life in Kuwait in the past and nowadays.

Linkers Bank: because, also, for example, in addition, in conclusion

Kuwait Across Time

Writing (Comparative Report: Past vs. Present Life)

1  Discuss the topic below.

- How people lived in the past and how they live now.
- Then, complete the table with your answers.



Items	In the past	Nowadays
Jobs	harsh	comfortable
Education	Al Katatib	modern schools
Communication	sending letters	using smartphones

2  Match each linking word to its correct function.

In conclusion	To add more information
Also, in addition	To give a specific example
Because	To close a piece of writing
For example	To give a reason

3  Match the sentences to the correct paragraph parts.

1. Topic sentence	2	a. People used to get meat and dairy products from animals and fresh fish from the sea.
2. Supporting detail 1	1	b. Food in the past was taken from natural resources.
3. Supporting detail 2	4	c. In conclusion, in the past, the food was healthy, and no chemical materials were added.
4. Concluding sentence	3	d. In addition, people got fruits and vegetables from the farm and ate dates taken from palm trees.

- 4  Plan and write a two-paragraph report comparing life in Kuwait in the past and nowadays.

a. Fill in the following plan.

Paragraph (1): Life in Kuwait in the past
Topic sentence: In the past, the life was simple and peaceful.
Supporting details: -People lived in mud homes. -There were no schools. -People had more free time. -They used to play simple games and tell stories.
Concluding sentence: Really, life in past was simple but full of peace and strong family ties.
Paragraph (2): Life in Kuwait nowadays
Topic sentence: Nowadays, the life is completely different.
Supporting details: -The life is easier, enjoyable and more comfortable. -There are modern buildings. -People depend on modern technology. -They can travel faster. -They enjoy playing online games and surfing the internet.
Concluding sentence: Today, life in Kuwait is modern and fast.

-  b. Use the ideas in your plan to write the report in your notebook.



Remember to:

- begin with an interesting introduction.
- develop the body by adding facts and details.
- use connectors (e.g.: also, but, because, for example ... etc.).
- edit your writing, checking spelling and punctuation.
- use AI tools to edit your writing.