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Unit Five

Community & Volunteering



Vocabulary

Word	Meaning	Word	Meaning
charity (n)	جمعية خيرية	blessing (n)	بركة/ نعمة
contribution (n)	مساهمة/ إسهام	development (n)	تطور/ تحسن
impact (n)	أثر/ تأثير	disaster (n)	كارثة
package (n)	باقة/ حزمة	duty (n)	واجب
pandemic (n)	وباء	generation (n)	جيل
resident (n)	مقيم	institution (n)	مؤسسة
volunteering (n)	تطوع	shelter (n)	مأوى/ ملجأ
demonstrate (n)	يعرض/ يشرح	acquire (v)	يكتسب
establish (v)	يؤسس/ يقيم	coach (v)	يدرب/ يمرن
persuade (v)	يقنع/ يحث	construct (v)	يبني
realise (v)	يدرك	operate (v)	يشغل
put together (ph. v)	يجمع/ يؤلف	count on (ph. v)	يعتمد على
elderly (adj)	كهل/ كبير السن	active (adj)	نشط
fair (adj)	عادل/ منصف	environmental (adj)	بيئي
necessary (adj)	ضروري/ لازم	generous (adj)	كريم
vital (adj)	أساسي/ مهم	training (n)(adj)	تدريبي
gladly (adv)	بسرور	independently (adv)	بشكل مستقل

A. Choose the correct answers from a, b, c, and d:

1. ➤ I believe is one of the best ways to help others and get experience.

a-package

b-volunteering

c-duty

d-shelter

2. ➤ The earthquake was a terrible that destroyed many houses.

a-disaster

b-charity

c-pandemic

d-blessing

3. ➤ I will try to my parents to let me join the school trip.

a-package

b-fair

c-persuade

d-elderly

4. ➤ Air pollution has a serious on people's health.

a-contribution

b-impact

c-generation

d-duty

B. Fill in spaces with the suitable word from the list below:

fair - environmental - vital – resident - shelter- put together - independently - establish

1. ...**resident**... means a person who lives in a place where their home is.

2. The teacher is ...**fair**... and treats all students equally.

3. The students worked together to ...**put together**... a plan for helping families after the flood.

4. The charity provided a safe ...**shelter**... for the family.

5. The school plans to ...**establish**... a new sports club next year.

6. Doctors say that clean water is ...**vital**... for a healthy life.

7. Children should learn how to work ...**independently**...

8. The meeting focused on ...**environmental**... problems, such as pollution.



The Importance of Volunteering

أهمية التطوع

Volunteering means giving your time and effort to help others without expecting money. Many people volunteer in different ways. Some students help clean the park or plant trees to make their neighborhood clean and green. Others visit the elderly or teach young children how to read. Every small act of kindness can make a big difference. Volunteering is not only good for those who receive help but also for those who give it. It builds teamwork, kindness, and responsibility.

People volunteer for many reasons. Some want to make their community a better place, while others want to learn new skills. They feel happy and proud when they see the result of their work. Volunteering can also bring people together and create friendship. It teaches us that we all have the power to make a positive change. By helping others, we also help ourselves. It gives us joy, experience, and a sense of purpose that no money can buy.

Questions:

A. Choose the correct answer:

1. ➤ The meaning of the underlined word "**volunteering**" is:

a- Working to earn money

b- Helping others without pay

c- Playing with friends

d- Studying at school

2. ➤ The pronoun "**They**" in paragraph 2 refers to:

a- The elderly

b- The students

c- The volunteers

d- The teachers

3. ➤ The writer's main purpose in the passage is to:

a- Explain the rules of work

b- Encourage people to volunteer

c- Describe how to earn money

d- Complain about work problems

4. ➤ All the sentences are correct **except**:

a- Volunteering helps people learn new skills.

b- Volunteers work only for money.

c- It brings people together.

d- It makes the community better.

5. ➤ According to the passage, volunteering helps people:

a- Become richer

b- Feel proud and responsible

c- Work longer hours

d- Travel to other cities

B. Read the passage again and answer the following questions.

1. What are some ways people can volunteer

ما هي بعض الطرق التي يستطيع الناس التطوع من خلالها؟

Answer: They help clean the park or plant trees to make their neighborhood clean and green. They visit the elderly or teach young children how to read.

الإجابة: يساعدون في تنظيف الحديقة أو زراعة الأشجار لجعل حيهم أنظف وأكثر خضرة. يزورون كبار السن أو يعلمون الأطفال القراءة.

2. Why do you think the writer says that volunteering helps the volunteer too

لماذا تعتقد أن الكاتب يقول أن التطوع يساعد المتطوع أيضاً؟

Answer: Because it gives us joy, experience, and a sense of purpose that no money can buy.

الإجابة: لأنه يعطينا الفرح، الخبرة و شعور بالهدف لا يمكن شراؤه بالمال.



Assessment 1

Fill in the gaps with suitable words from the list.

active – count on – demonstrate – gladly – contribution

- The teacher used pictures to demonstrate the lesson clearly.
- His contribution to the group project helped them finish on time.
- He gladly accepted the teacher's advice.
- I can count on Khaled to tell me the truth, even when it's hard to hear.

charity – elderly – pandemic – realise – necessary

- During the Covid-19 pandemic, people had to stay home and avoid gatherings.
- Our school leader put a/an charity box at every class door for donations.
- Doctors always advise elderly people to go on walks and keep healthy habits.
- Before starting my essay, I had to research all the necessary information and facts.



The First Conditional الحالة الشرطية الأولى

Use: We use the first conditional to talk about real or possible future results that depend on a present condition.

نستخدم الحالة الشرطية الأولى للحديث عن نتائج مستقبلية محتملة أو حقيقية تعتمد على شرط في الزمن الحاضر.

Form: If + present simple verb → will + base verb

Note: You can put the “if” clause at the beginning or at the end.

ملاحظة: يمكن وضع جملة "if" في البداية أو النهاية.

Examples:

- If volunteers **join** the campaign, the community **will benefit**.
- If nobody **cleans** the beach, it **will look** dirty.

Verbs Followed by a Gerund (verb + -ing)

Gerunds: We use the verb + -ing as a noun to talk about an activity (swimming, reading, playing...).

نستخدم verb + -ing كاسم للحديث عن فعل (السباحة، القراءة، اللعب،...).

Form: verb + gerund (verb + -ing)

Examples:

- My sister **suggested volunteering** at the cooperative society.
- We **discussed helping** families in need with charity.
- The teacher **encouraged serving** our community in different ways.

A. Choose the correct answers from a, b, c, and d:

1. ➤ If you help me carry these boxes, we the work faster.

- a-have finished **b-will finish** c- finished d-finish

2. ➤ They won't make mistakes if they..... carefully.

- a-will listen b-listens **c- listen** d-listened

3. ➤ They admitted the truth.

- a-tell b-to tell **c-telling** d-told

4. ➤ If Hana doesn't finish her homework on time, she permission to join the school activity.

- a-doesn't get **b-won't get** c-didn't get d- wouldn't get

B. Complete the sentences:

1. ➤ I finished (do) ...**doing**... my homework.

2. ➤ Adham (arrive) ...**will arrive**... on time to his destination if he follows the Maps.

3. ➤ If you (not drink) water, ...**don't drink**... you will feel thirsty.

4. ➤ Our area ...**will become**... (become) greener, if Ali ...**participates**... (participate) in planting trees.

5. ➤ I finally finished (read) ...**reading**... the book you gave me last week.



Assessment 2

1- Choose the correct answer from a, b, c, or d:

a. If my sister her friend, she will tell her the good

a-will see **b-sees** c- see d- has seen

b. He doesn't mind the door.

a-opened b-open **c- opening** d- opens

c. If we more money, we will buy a new phone.

a-save b-saves c- saved d-will save

d. Did you consider the job?

a-to accept b-accepted **c- accepting** d-accept

2- Correct the verbs between brackets:

1. The parents discussed (travel) to Europe next summer holiday

travelling

2. The team enjoyed (represent) Kuwait at the competition.

representing

3. If the store (close) early, we will shop tomorrow.

closes

4. If she wakes up late, she (miss) the bus.

will miss



Writing

"When people work together to help others, even small actions can create big positive changes in the community."

Plan and write a report of two paragraphs explaining the importance of community service and the many actions we can do.

Topic sentence:

.....
.....

Supporting details:

.....
.....
.....

Concluding sentence:

.....
.....

Topic

Community service helps people and communities. It is very important. It helps poor people. It makes the community clean and safe. Community service makes life better.

We can do many actions to help. We can plant trees. We can clean streets and parks. We can visit sick people. Small actions can make big changes in the community.

Unit Six

The Power of Media & Influencers



Vocabulary

Word	Meaning	Word	Meaning
depression (n)	كآبة/ اكتئاب	empathy (n)	تعاطف
fan (n)	معجب/ مشجع	foundation (n)	أساس/ أصل
honesty (n)	أمانة/ صدق	patience (n)	صبر/ أناة
influencer (n)	مؤثر	psychologist (n)	عالم نفسي
pressure (n)	ضغط	trustworthiness (n)	ثقة/ إخلاص
reality (n)	واقع/ حقيقة	viewpoint (n)	رأي/ وجهة نظر
wealth (n)	ثروة	activate (v)	يفعل/ يشغل
appear (v)	يظهر/ يبدو	admit (v)	يعترف/ يُقر
define (v)	يعرّف/ يحدد	weaken (v)	يُضعف
edit (v)	يحرر/ يصحح	believe in (ph.v)	يؤمن بـ
hide (v)	يخفي/ يخبئ	false (adj)	خاطئ
select (v)	يختار/ ينتقي	reliable (adj)	فعال/ يُعتمد عليه
emotional (adj)	عاطفي/ حسي	upset (adj)	مرتبك/ متوتر/ منزعج
insecure (adj)	غير آمن/ غير مستقر	mostly (adv)	غالباً
luxurious (adj)	فخم/ فاخر	sincerely (adv)	بإخلاص
recent (adj)	حديث/ أخير	unfairly (adv)	بشكل ظالم/ غير عادل
effortlessly (adv)	بسهولة/ بدون جهد		

A. Choose the correct answers from a, b, c, and d:

1. ➤ Our teacher invited a/an to talk about stress during exams.

a-patience **b-psychologist** c-foundation d-empathy

2. ➤ Telling the truth shows

a-honesty b-wealth c-viewpoint d-depression

3. ➤ Billionaires enjoy lives full of

a-depression b-reality **c-wealth** d-pressure

4. ➤ He decided tothe truth because he was afraid of the consequences.

a-admit **b-hide** c-select d-appear

B. Fill in spaces with the suitable word from the list below:

fans - luxurious - weaken -pressure- select- define -influencer - reality

1. The coach will ...**select**... the best players for the school team.

2. Negative comments can ...**weaken**... a person's confidence.

3. Social media often hides the true ...**reality**...

4. The famous ...**influencer**... shares videos with millions of followers online.

5. The football ...**fans**... waited impatiently outside the stadium for hours in the rain.

6. Work deadlines create too much ...**pressure**...

7. Can you ...**define**... what the word "trust" means?

8. We stayed at a/an ...**luxurious**... hotel by the beach.



Eagles: Kings of the Sky

النسور: ملوك السماء

Eagles are among the most powerful and admired birds in the world. Well-known for their sharp vision and strong wings, these majestic creatures have fascinated people for generations. Eagles inhabit almost every continent except Antarctica and typically choose tall mountains, cliffs, or large trees as nesting sites for their impressive homelands.

One of the most famous species is the bald eagle, found in North America, where it inhabits areas near lakes, rivers, and coastal regions. Despite its name, the bald eagle is not bald at all. Its head is covered with white feathers, which contrast beautifully with its dark brown body. It became a national symbol of strength and freedom in the United States in 1782.

Eagles have excellent eyesight-up to four times better than that of humans. This powerful vision allows them to see small animals like rabbits or fish from high above the ground. Once they spot their prey, they dive quickly and silently, using their sharp talons to catch it. Despite their strength, eagles are still endangered. Pollution, deforestation, and hunting once pushed many eagle species close to extinction. Conservation programs and strict legal protection have helped their numbers increase again.

Eagles teach us not only about the wild but also about survival and patience. They wait for the right moment to act and use their strengths wisely. Watching an eagle fly high in the sky can remind us to rise above our problems and see life from a higher view.

Questions:

A. Choose the correct answer:

1. ➤ The underlined word "inhabit" in the 1st paragraph means:

a- protect

b- live

c- create

d- find

2. ➤ The underlined word "**they**" in the 3rd paragraph refers to:

a- animals

b- rabbits

c- fish

d- eagles

3. ➤ According to the passage, what have helped the numbers of eagles grow again?

a- Strict legal protection

b- The people of the USA

c- Other powerful birds

d- The high mountains

4. ➤ According to the passage, all of the following sentences are **true** about the bald eagle **except**:

a- It has a sharp eyesight.

b- It has dark brown feathers on its body.

c- It became a symbol of strength and freedom in the United States.

d- It has no hair or feathers on its head.

5. ➤ The writer's purpose in writing this passage is to:

a- show how eagles hunt for fish.

b- describe how powerful are the eagles.

c- discuss laws about birds.

d- explain where eagles live.

B. Read the passage again and answer the following questions.

1. What are eagles well-known for

بماذا تشتهر النسور؟



Answer: They are well-known for their sharp vision and strong wings.

الإجابة: يشتهرون برؤيتهم الحادة و أجنحتهم القوية.

2. Why are eagles close to extinction

لماذا النسور على وشك الانقراض؟



Answer: Because of pollution, deforestation, and hunting.

الإجابة: بسبب التلوث، قطع الغابات و الصيد.



Assessment 1

Fill in the gaps with suitable words from the list.

foundation – psychologist – trustworthiness– depression – emotional

- Hamad gave an emotional speech that touched everyone's heart.
- Honesty is the foundation of a strong friendship.
- Feeling sad for a long time may lead to depression.
- Once trustworthiness is broken in a relationship, it can take years of effort to fully restore it.

false - reliable - admit - viewpoints - mostly

➤ Many people believe that social media is just a place for entertainment, but this idea is false. In fact, social media is a reliable source for learning English. If you follow the right pages, join learning communities, and engage in discussions, you will mostly find yourself learning new vocabulary and expressions.

I admit that not everything online is useful, but if you use it wisely, you can learn from native speakers, explore different viewpoints, and practise real communication in a fun and interactive way. Therefore, next time you scroll, make it count and use social media to improve your English!



Reported Speech (Statement - Present Tense)

الكلام المنقول (الجملة الخبرية- الزمن الحاضر)

Direct speech uses the speaker's exact original words inside quotation marks "...".

الكلام المباشر يستخدم نفس الكلمات الأصلية ويتم وضعها ضمن علامتي تنصيص.

Reported Speech is used when we want to say what someone else said.

الكلام المنقول يُستخدم عندما نريد قول ما قاله شخص آخر.

Direct Speech	Reported Speech
Present Simple	Past Simple
Present Continuous	Past Continuous
Present Perfect Simple	Past Perfect Simple

- When reporting a statement, we change the verb tense, pronouns, and time/ place expressions:

- عند نقل عبارة ما، نقوم بتغيير زمن الفعل والضمائر وتعبيرات الزمان والمكان:

my → his/her our → their this + (n.) → that these + (n.) → those

today → that day now → then here → there

Examples:

Direct Speech: - "I need this tablet," said Bader.

- "I'm writing my report," said Ali.

- "I have bought Reem these presents," said Mona.

Reported Speech: - Bader said that he **needed that** tablet.

- Ali said that he **was writing his** report.

- Mona said that she **had bought Reem those** presents.

Reflexive pronouns

الضمائر الانعكاسية

Reflexive pronouns are used when the subject and object are the same.

نستخدم الضمائر الانعكاسية عندما يكون الفاعل و المفعول به نفسه.

Subject	Reflexive Pronoun
I	myself
You	yourself
He	himself
She	herself
It	itself
We	ourselves
You (plural)	yourselves
They	themselves

Examples:

- I made the cake **myself**.

- She taught **herself** Spanish.

- We introduced **ourselves** to the new teacher.

- They built the tent **themselves**.

A. Choose the correct answers from a, b, c, and d:

1. ➤ Sami hurt when he fell during the basketball game.

a-herself

b-himself

c- yourself

d-itself

2. ➤ Sara said, "I have lived here for 5 years". Sara said that she there for 5 years.

a-has lived

b-lived

c- had lived

d-lives

3. ➤ The cat cleaned after finishing its meal.

a-itself

b-yourself

c-myself

d-ourselves

4. ➤ She said, "I like ice cream." / She said that she ice cream.

a-like

b-likes

c- liked

d-will like

B. Complete the sentences:

1. ➤ Waleed said, "I'm training with my coach now."

He said that he ...**was training**... with his coach then.

2. ➤ You won the writing award. You should be proud of ...**yourself**...

3. ➤ They said, " we are going to the park."

They said that they ...**were going**... to the park.

4. ➤ They told us that they (be) ...**were**... ready to start the competition.

5. ➤ The children taught ...**themselves**... how to play the game without help.



Assessment 2

1- Choose the correct answer from a, b, c, or d:

a. You must teach how to manage your time during school days.

a-yourself b-ourselves c- myself d-themselves

b. The teacher told the students to control

a-them b-their **c- themselves** d-theirs

c. "I have eaten lunch," he said. /He said that he lunch.

a-has eaten **b-had eaten** c- ate d-eats

d. James said that he feeling much better then.

a-were b-are **c- was** d-is

2- Change the following sentences into reported speech:

1. My aunt said, "I have seen your best friend, Salah, at the mall."

My aunt said that she had seen my best friend, Salah, at the mall.

2. Hassan said, " I bought this book yesterday."

Hassan said that he had bought that book the day before.

3. "We eat apples," they said.

They said that they ate apples.

4. The engineers said, "We've worked on our project for months."

The engineers said that they had worked on their project for months.



Writing

"Social media has become part of our daily lives, but not everything we see online is true." Plan and write a two-paragraph report persuading people not to believe everything they see online. Provide two reasons and support them with examples and facts.

Topic sentence:

.....
.....

Supporting details:

.....
.....
.....

Concluding sentence:

.....
.....

Topic

Social media is part of our daily life, but not everything we see online is true. Many people share posts without checking facts. They also edit their photos to look perfect. In addition, they often use filters and editing tools to hide real problems. Besides, studies show that many teenagers compare themselves to what they see online, which can make them feel unhappy or unsuccessful. If we believe these fake images, we may start to judge ourselves unfairly. We shouldn't let unreal pictures decide how we feel about our own lives.

Another reason is not to believe the false information and news that spread quickly. Anyone can post news without checking if it is true. Moreover, some posts are shared only to get likes or attention. This can confuse people and lead them to believe wrong information. To sum up, we should always be aware of what we see and check reliable sources before believing it .