Test Bank

Practice. Prepare. Perform.

Paper One

ANSWER KEY

Grade 10

First Semester 2026-2027

INDEX

Unit 1	Page
Writing (Expository)	3
Translation	7
Unit 2	**Page**
Writing (Expository)	8
Translation	12
Unit 3	**Page**
Writing (Expository)	13
Translation	17
Unit 4	**Page**
Writing (Expository)	18
Translation	22

Grade 10 Writing Unit 1

Mindful Eating (Expository)

Many students do not realise how strongly their food affects their school performance, and they often eat quickly while looking at their phones.

Plan and write an essay of not less than **12 sentences (140 words)**, explaining **the physical** and **academic benefits of mindful eating.**

NB: The essay should include an introduction, 2 body paragraphs, and a conclusion.

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Paragraph 2:

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Conclusion:

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Grade 10 Writing Unit 1

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Rubrics for Checking Writing

Outlining	Exposition of ideas & coherence	Paragraphing & number of sentences	Spelling	Grammar	Handwriting, spacing and punctuation	Total
2	5	1 ½	1 ½	1 ½	1 ½	13

• 2 ½ marks to be deducted from the total mark for changing the format.
• Off point topic/ outline receives ZERO.
• ½ mark to be deducted from the outline if the ideas are not used in the topic.

Grade 10 Writing Unit 1

Smart Canteen Swaps (Expository)

Smart choices in the canteen today mean a healthier you tomorrow.

Plan and write an essay of not less than **12 sentences (140 words)**, explaining **the benefits of the healthy food options in the canteen** and **suggesting further alternative options.**

NB: The essay should include an introduction, 2 body paragraphs, and a conclusion.

Introduction:

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Paragraph 2:

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Conclusion:

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Grade 10 Writing Unit 1

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Grade 10 Translation Unit 1

Translate the following into good English.

خالد: لعدة قرون، كان النظام الغذائي في الكويت يعكس نمط حياة الغواصين على اللؤلؤ.

سالم: شكّلت الأسماك الطازجة والتمر والأرز وبعض الخضروات أساس التغذية اليومية.

Khaled: For centuries, the Kuwaiti diet reflected the lifestyle of pearl divers.

Salem: Fresh fish, dates, rice and a few vegetables formed the foundation of daily nutrition.

Translate the following into good English.

حمد: هناك رابط قوي بين ما نأكله وصحتنا الذهنية.

وليد: نعم، اختياراتنا الغذائية مرتبطة بكيفية عمل عقولنا وبما نشعر به.

Hamad: There is a strong connection between what we eat and our mental health.

Waleed: Yes, our food choices are linked to how our brains function and how we feel.

Grade 10 Writing Unit 2

Habits for a Better World (Expository)

Every small habit at home leaves a mark on the world outside.

Plan and write an essay of not less than **12 sentences (140 words)**, explaining **the changes teenagers can make inside their homes** and **the choices they can make outside their homes to protect the environment**.

NB: The essay should include an introduction, 2 body paragraphs, and a conclusion.

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Grade 10 Writing Unit 2

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Grade 10 Writing Unit 2

Power With Purpose (Expository)

A smart home starts with smart choices.

Plan and write an essay of not less than **12 sentences (140 words)**, explaining **why responsible choices at home are important** and **suggesting smart technology to install**.

NB: The essay should include an introduction, 2 body paragraphs, and a conclusion.

Introduction:

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Grade 10 Writing Unit 2

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Grade 10 Translation Unit 2

Translate the following into good English.

علي: يُصدر النفط انبعاثات ضارة يمكن أن تؤثر على البيئة.

سالم: نعم، فهذه الانبعاثات تسبب التلوث وتغيّر المناخ.

Ali: Oil produces harmful emissions that can affect the environment.

Salem: Yes, these emissions cause pollution and climate change.

Translate the following into good English.

فهد: يتخلص الناس من النفايات إما بدفنها أو بحرقها.

أحمد: طريقة أخرى للتعامل مع النفايات هي إعادة تدويرها، مما يساعد على الحفاظ على الموارد الطبيعية.

Fahad: People dispose of waste either by burying it or by burning it.

Ahmed: Another way to deal with waste is to recycle it, which helps conserve natural resources.

Grade 10 Writing Unit 3

Preserving History (Expository)

Your heritage tells your story—make sure it lasts.

Plan and write an essay of not less than **12 sentences (140 words)** about our cultural heritage, explaining **why it is important to preserve our heritage** and **how we can protect it for future generations**.

NB: The essay should include an introduction, 2 body paragraphs, and a conclusion.

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Grade 10 Writing Unit 3

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Grade 10 Writing Unit 3

Honour, Inspire, Remember (Expository)

Great people inspire us; honouring them inspires the next generation.

Plan and write an essay of not less than 12 sentences (140 words), suggesting **various ways to recognise outstanding individuals** and **providing examples**.

NB: The essay should include an introduction, 2 body paragraphs, and a conclusion.

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Grade 10 Writing Unit 3

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Grade 10 Translation Unit 3

Translate the following into good English.

سعد: ساعد محمد الشارخ في إدخال اللغة العربية إلى الحاسوب لأول مرة في التاريخ.

أحمد: نعم، وقد أسس شركة صخر عام 1982.

Saad: Mohammad Al Sharekh helped introduce the Arabic language to computers for the first time in history.

Ahmad: Yes, and he founded Sakhr Company in 1982.

Translate the following into good English.

خالد: الحفاظ على التراث يساعد الناس على فهم هويتهم والتواصل مع تاريخهم.

حمد: بالفعل، فالمهرجانات التقليدية تجمع الناس لأنها تخلق شعوراً بالترابط.

Khaled: Preserving heritage helps people understand who they are and connect with their history.

Hamad: Indeed, traditional festivals bring people together because they create a feeling of connection.

Grade 10 Writing Unit 4

National Duty (Expository)

A nation cannot remain united without nurturing identity and citizenship.

Plan and write an essay of not less than **12 sentences (140 words)**, explaining **the qualities of a good citizen** and **providing examples of everyday actions they can take**.

NB: The essay should include an introduction, 2 body paragraphs, and a conclusion.

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Grade 10 Writing Unit 4

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Rubrics for Checking Writing

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Grade 10 Writing Unit 4

The Digital Diwan (Expository)

You have designed 'The Digital Diwan', a school app where students record traditional Kuwaiti stories and personal memories.

(Diwan: An Arabic word meaning a collection of stories or poems.)

Plan and write an essay of not less than **12 sentences (140 words)**, explaining **the importance of having 'The Digital Diwan' application** and **its positive effects on society.**

NB: The essay should include an introduction, 2 body paragraphs, and a conclusion.

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Grade 10 Writing Unit 4

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Grade 10 Translation Unit 4

Translate the following into good English.

خالد: على مر القرون، شهدت الكويت تحولاً ملحوظاً.

علي: هذا صحيح. فقد تطورت الكويت من مجموعة من القرى الساحلية الصغيرة إلى دولة متنوعة ثقافياً ومركزاً تجارياً.

Khaled: Over the centuries, Kuwait underwent a remarkable transformation.

Ali: That is true. Kuwait evolved from a collection of small coastal villages into a culturally diverse country and a trading hub.

Translate the following into good English.

ناصر: عندما نحترم القوانين والأعراف، يمكننا أن نعيش في عالم يسوده السلام.

فهد: بالتأكيد. فمن خلال اتباع القواعد، يمكننا أن نجعل بلداننا أماكن أفضل للجميع.

Nasser: When we respect laws and customs, we can live in a peaceful world.

Fahad: Exactly. By following the rules, we can make our countries better places for everyone.